



# Gwen yr Arth Wen

**EDUCATION & RESOURCE PACK**

**SPRING 2026 TOUR**

**Climate.  
Cymru**

 **Cyngor Celfyddydau Cymru**  
Arts Council of Wales

**ARIENNIR GAN  
Y LOTERI  
LOTTERY FUNDED**



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Welsh Government



**YOUTH CLIMATE  
AMBASSADORS  
FOR WALES**

# ABOUT THE SHOW



Gwen, an anxious polar bear, wakes up on a broken icecap hundreds of miles away from her family. On her perilous journey through the Arctic Ocean, she will have to find her courage, as well as her way home.

So, will Gwen be able to find her family and return home?

# GET TO KNOW THE CAST!



**CHRIS**



**ISABELLA**



**ELAN**

## WHAT IS YOUR ROLE?

Chris:

I'm the show's playwright! I'm in charge of writing the play and working with the directors visions.

Elan:

I'm the show director, meaning I'm responsible for bringing the playwright's visions to life!

Isabella:

I'm the actor, who plays 'Gwen yr arth wen' in the show!

# CAN YOU DESCRIBE THE PLAY IN 3 WORDS?

Chris:

Fun, informative and thought provoking

Elen:

Adventurous, magical, playful

Isabelle:

Warm, magical, heartbreaking

## IF YOU WERE AN ANIMAL WHAT WOULD YOU BE AND WHY?

Chris: a monkey. I'd have no rules restricting me! Additionally, I resonate with the communal and family values of primates.

Elan: a meerkat. well I definitely wouldn't want to be a sea animal, because the water is a scary place to be! I think that a meerkat as it reflects my crazy, sporadic personality

Isabella: a bird. I'd love to see the world without having to pay for travel!

# IS CLIMATE CHANGE THE BIGGEST THREAT THAT YOUNG PEOPLE FACE?

Chris:

Yes of course I think it's an enormous problem, but I think it's a crisis on a mass scale that effects all ages. I truly believe that young generations need to come together to tackle the threats face on in unity.

Elan:

It's a hard question, but I definitely think it's one of the most pressing problems the younger generation are facing. Sometimes climate change feels beyond our control, and that not enough is being done to combat the crisis.

Isabella:

Yes definitely, lots of scary things are happening in the world, but we can help slow climate change by making personal changes. I for example am vegan, I don't use AI and I always recycle.

# WHAT MESSAGE DO YOU HOPE TO GIVE TO YOUR AUDIENCE?

Chris:

It's a kind of warning for young people. It may be scary for some but we must keep our heads held high and keep the hope alive!

Elan:

An important mantra that runs throughout the course of the play is 'life is unpredictable, so you should try your best to be ready for anything. The play will give faith and hope to those who feel worried about the future.

Isabella:

Definitely a message of hope. And a chance for people to connect with far away places we won't often see, the extreme changes that are happening in the arctic that we don't witness here in Wales.

# FACTS ABOUT CLIMATE CHANGE!

1) Climate change is the process of our planet warming

2) This will affect earth by shrinking sea ice and rising sea levels

3) Arctic sea ice is melting at a rate of 9% per decade!

4) Polar bears rely on sea ice as places to hunt, raise their young and rest after swimming

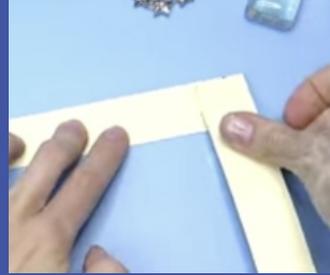
5) You can help prevent climate change! Check out the National Geographic guide to saving the planet!

<https://www.natgeokids.com/uk/discover/science/nature/how-to-save-the-planet/>

# POLAR BEAR CRAFT



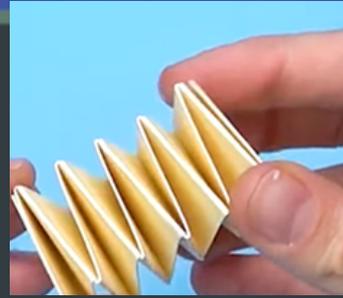
1 .Get card pieces  
2 pcs : 2.5 x 30cm  
1 pc : 6x 14 cm  
1 pc : 6x8 cm  
1 pc : 2.5x5 cm



2.Glue together both ends of the 2.5x30 length card pieces



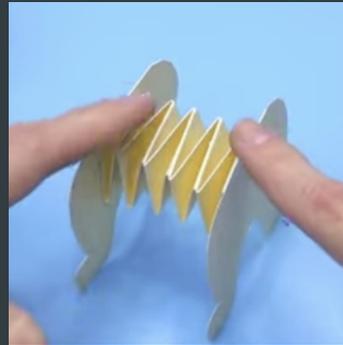
3.Fold over the lower piece and alternate which side to fold until it looks like step 4.



4.Glue the end pieces down to secure the coil



5.Get the 6x14 pc and fold over to split the length, draw on the legs of bear and get an adult to cut the shape out.



6.Once cut, assemble main body with glue



7.Using 6x8 pc, create the face and cut it out



8.Using the 2.5x5 pc, create an M shape fold



9.Using the M fold, glue the face to the main body



# WORD SEARCH

HABITAT

CLIMATE

ACTION

ICE

CHANGE

SEA

POLAR

GWEN

MELT

A	I	C	E	R	M	V	P
C	C	H	F	G	E	O	W
T	U	I	L	G	L	I	S
I	N	S	I	A	T	B	E
O	S	D	R	M	W	X	A
N	E	W	G	Z	A	Q	Y
E	G	N	A	H	C	T	S
H	A	B	I	T	A	T	E

# QUIZ

1. What colour are polar bears?

- a) White
- b) Transparent
- c) Grey

2. How long do cubs stay with their mother polar bears for?

- a) 1.5-2 years
- b) 2.5-3 years
- c) 6-7 months

3. What can we do to help the Earth?

- a) Turn off lights when not needed
- b) Use more AI
- c) Use more cars

3. Polar bears are:

- a) Herbivores (only eat plants)
- b) Carnivores (eat meat)
- c) Omnivores (eat both)

5. What do you call a dentist polar bear?

1) B, a polar bears coat isn't actually white, each strand is transparent and hollow!  
2) B  
3) A, AI can harm the environment because computers need lots of water to stay cool while they work. Using too much water can hurt animals, plants, and people who need it.  
4) Varnivored  
5) A molar bear!

# WHO MADE THIS RESOURCE?



This resource pack was co-created with our Youth Climate Ambassadors, working together with artists and educators.

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Imogen

